BlueCross Grant for $375,000

The BlueCross BlueShield of Tennessee Health Foundation has awarded Erlanger Health System Foundations a $375,000 grant for the development and operation of the T.C. Thompson Children's Hospital Childhood Healthy Eating and Active Living (C-HEAL) Center in partnership with the University of Tennessee College of Medicine Department of Pediatrics.

“The C-HEAL Center has two key components,” said Children's Hospital at Erlanger CEO, Dr. Alan Kohrt. “The first is early intervention which involves working with regional pediatricians and community organizations to recognize the warning signs for overweight/obesity in children and providing steps to prevent further complications. The second involves multi-disciplinary treatment by establishing the new center at Children's Hospital.”

The center, which will open January 2015, will be staffed by a pediatrician with expertise in childhood obesity management, registered dietician, and care coordinator/community health navigator for children who have not responded to early intervention efforts and/or have co-morbidities. The team will focus on modifying behavior related to eating habits, activity level, and family involvement. Pediatric subspecialists in hypertension, nephrology, endocrinology, cardiology and other specialties will also be associated with the center for ease in making referrals and coordinating care.

“We are extremely pleased to have this latest partnership with BlueCross BlueShield,” said Erlanger Health System President and CEO Kevin M. Spiegel, FACHE. “By providing this service to the children in our region, we believe the involvement of area pediatricians and the center will have a positive impact not only on the children but also residents in the surrounding communities.”

“Our review committee unanimously approved the proposal to assist with funding to develop a healthy eating and active living center at Children's Hospital,” said Manager of Community Relations and Foundations Dawn Weber. “It supports our Shape the State initiatives to tackle obesity in Tennessee's youth, and we're excited to see its positive impact on the Chattanooga community.”

Upcoming Holidays:
MLK, Jr. Day January 19, 2015
Spring Holiday April 3, 2015
Memorial Day May 25, 2015
Internal Medicine Update

On October 1-4, 2014, the Department of Internal Medicine and the Office of Continuing Medical Education hosted the first annual Internal Medicine Update at the Chattanoogan Hotel. The meeting began with a kick-off dinner and was followed by one full-day and two half-days of education on various internal medicine topics from an all-star line-up of speakers.

The kick-off dinner began with talks from former Tennessee Governor Phil Bredesen and David Merritt from the Center for Health Transformation and was followed by a panel discussion that also included Steve Schwab, MD and Kevin Spiegel, MBA. The meeting included 28 speakers from various institutions & organizations across the country such as UCLA, University of Chicago, the University of Ohio, Vanderbilt, and many others.

The meeting was a great success, and included 28 speakers from various organizations across the country including:

- Phil Bredesen – former Governor of the State of Tennessee and author of Fresh Medicine
- Steve Schwab, MD – University of Tennessee Health Science Center
- Kevin Spiegel, MBA – Erlanger Health System
- David Merritt – Center for Health Transformation
- Brad Rovin, MD - Ohio State University
- George Bakris, MD - University of Chicago
- Richard Glassock MD - UCLA
- Janice Lea, MD - Emory University
- Arthur Wheeler, MD - Vanderbilt University
- Laura Mulloy, DO - Georgia Health Science Medical Center
- Juan Velez, MD - Medical University of South Carolina
- Tom Devlin, MD - Erlanger Medical Center
- and 18 others!

The 2nd annual Internal Medicine Update will be held September 10-12, 2015. Visit www.utcomchatt.org/imu in the coming weeks for more info about the 2015 meeting.

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Firehouse Subs Donates $17,190 in Life-Saving Tools to EMS

As announced previously, the University of Tennessee College of Medicine Chattanooga (UTCOMC) was the recipient of a Firehouse Subs Public Safety Foundation grant. The Foundation’s Board of Directors approved Dr. Ron Buchheit’s request for $17,190 to purchase advanced airway equipment, a portable ultrasound, and additional advanced equipment for use in the pre-hospital setting for the new Emergency Medical Services Fellowship. On Thursday, September 25, representatives from the Firehouse Subs Public Safety Foundation met with representatives from the Erlanger Health System and the UTCOMC for a dedication event. A press release prepared by Bruce Garner, Public Information Director for the Chattanooga Fire Department, follows:

The University of Tennessee’s College of Medicine at Erlanger received a donation of high-tech medical equipment worth $17,100 today that will be of great benefit to local emergency responders. At the Firehouse Subs restaurant on Gunbarrel Road this afternoon, Dr. James Creel, chief medical officer at Erlanger Health System, thanked the Firehouse Subs Public Safety Foundation for the donation of equipment, which includes two laryngoscopes, two automated external defibrillators (AEDs), two tactical response bags and a portable, hand-held ultrasound device. Dr. Creel said the equipment will be stored on a new emergency response vehicle operated out of the University of Tennessee’s College of Medicine at Erlanger.

Battalion Chief Rick Boatwright with the Chattanooga Fire Department said a doctor trained in pre-hospital care will be responding to emergency calls with area fire and police departments, area ambulance services, and Erlanger’s Life Force Air Medical. Dr. Creel believes this response unit, with the high-tech equipment, is unique to this region and a great asset for emergency medical care.

In the photo: With Dr. Creel and Firehouse Subs employees looking on, Dr. Reuhl and, emergency medical resident at Erlanger, demonstrates the new hand-held ultrasound device, which can be used to facilitate a quick diagnosis in the field at car wrecks and other medical emergencies.
Nuts & Bolts Annual Research Symposium

This year’s Nuts & Bolts annual research methods symposium was held on August 15, 2014 at UTC. The objective of the symposium was to establish the ability to create, refine, and formulate valid research questions using different approaches systems to select research designs to answer the specified research question, to improve the ability to choose valid variables, conduct a priori power analyses, structure databases & codebooks, to choose the correct statistic, and to answer a research question knowledgably.

This symposium typically has several speakers talk on the various research issues, but this year Eric Heidel, PhD taught the whole symposium. Dr. Heidel is an Assistant Professor of Biostatistics for the Department of Surgery at the University of Tennessee Graduate School fo Medicine in Knoxville.

Dr. Heidel started the day with a paper on Research Foundations, which covered the research question, research design, variables, satistical power and database structure. This was followed by a segment on Applied Statistics which included descriptive statistics, between-subject comparisons, within-subject comparisons, correlations, mixed and multi-variable analysis, 2x2 tables and epidemiological measures.

During lunch, Case Sanders, MD presented his award-winning presentation titled “The Reamer Irrigator Aspirator as a Device for Harvesting Bone Graft: Union Rates and Complications”.

After lunch, Dr. Heidel continued with a presentation on Evidence-Based Medicine covering topics such as asking, acquiring, appraising applying and assessing.

The day concluded with a paper on on Research within the UT College of Medicine Chattanooga & Erlanger presented by Manoo Bhakta, MD.

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**Tennessee American College of Physicians meeting**

The Department of Internal Medicine was well represented at the TNACP by students, residents and faculty.

**Medical Students**

Kristin Burkholder MS4 received the student award for her case presentation: Case of the unrelenting runny nose! Kristine Burkholder, Nanette Bentley MD and Mukta Panda MD FACP (picture of Kristin with TNACP governor Dr Richard lane, and Chair of scientific planning meeting Dr Steve Hegedus)

The other student poster presented was Recurring Numbness and Weakness in a Young Female, Austin Woolard MS3, Whitney Black, Dr. Mukta Panda MD FACP

Upper Gastrointestinal Bleeding in a Cirrhotic Patient: Not What You Think, Whitney Black, MD, Austin Woolard, MS3, and Maria Tudor, DO

**Residents**

Dr Hussein Mohamed PGY2 was 1 of 3 residents statewide selected to present oral presentations. He presented: The Enigma - Case of the Silent Patient, Mohamed Hussein MD, B Sapkota MD, and Dr. Mukta Panda MD FACP

**Other posters presented were**

Respiratory Failure in Brugada Syndrome, Nathan Claydon, MD, Brian Cooper, MD, Laura Youngblood, MD and Shavonda Thomas, MD

Upper Gastrointestinal Bleeding in a Cirrhotic Patient: Not What You Think, Whitney Black, MD, Austin Woolard, MS3, and Maria Tudor, DO

A Case of Metapneumovirus-induced ARDS in a Young Adult, Jensen Hyde, MD and S. Shome, MD

Dr Mindy Smith PGY3 facilitated a very interactive Internal medicine jeopardy session for 7 statewide teams

The jeopardy team members comprised of the following residents: Orlando Turner, Nathan Claydon, Sana Akbar, Mohamed Hussein, Jensen Hyde. They came in second place in a tight head to head competition.

**Faculty**

Dr Tudor and Dr Panda served on the scientific planning committee

Dr Panda serves on the TNACP council and co chaired the Associates session

Dr Tudor was nominated as chair of the scientific session for the TNACP meeting in 2015

**Congratulations to all!**
Plastic Surgery Presentations

The following presentations were given at the American Society of Plastic Surgeons Resident Abstract Session on October 10, 2014 in Chicago, Illinois:

- Landis L (faculty Brzezienski M): “The Effect of Progressive-Tension Closure on Donor Site Seroma Formation in Delayed Latissimus Dorsi Flaps for Breast Reconstruction”


The following presentations will be given at the American Association for Hand Surgery Annual Meeting on January 21-24, 2015 in Paradise Island, Bahamas:


Clinical Research showcased in Medical Journal

Clinical research conducted at Erlanger Health System has been highlighted in two national medical journals and featured prominently in an article authored by Harry W. Severance, MD, FACEP, Medical Director for the Erlanger Institute for Clinical Research, and emergency medicine physician for Erlanger Health System.


Dr. Severance and research at Erlanger were also featured prominently in a second article, “Advancing Clinical Research in a Gray-Hatted World: Prospects for Clinical Trial Economics,” in the September 2014 issue of the Annals of Emergency Medicine. “Erlanger is mentioned several times as being more advanced in some types of clinical research than other areas of the country,” Dr. Severance said.

Dr. Cofer inducted into the Gold Humanism Honor Society

Dr. Cofer has been inducted into the Gold Humanism Honor Society at the biennial Advancing Humanism in the Age of Technology conference in Atlanta, Georgia, October 9-11, 2014. He is becoming a member since he is a 2014 recipient of the national ACGME Parker Palmer Courage to Teach Award, recognizing ten outstanding Program Directors across the country each year. For more info about the GHHS conference, click here or visit http://humanism-in-medicine.org/ghhs/national-conferences-events/ghhs-biennial-national-conference-on-humanism/
Department of Radiology

Dr. Blaise Baxter has been appointed as the new Chair of the Department of Radiology effective July 3, 2014.

Surenderanath appointed to PREP Board

Nisha Surenderanath MD has been appointed to the PREP Cardiology Advisory Board by American Academy of Pediatrics.

Humanism in Medicine on the Next Page >>
Gold Humanism Honor Society Reflections 2014

Reflections from the 2014 Inductees into the Gold Humanism Honor Society...

Reflections on what the GHHS stands for...

Corinne Davis said, “The Gold Humanism Honor Society emphasizes compassion, integrity, and excellence in patient care. I have always tried to uphold these ideals as I have met with patients, and I am so grateful for the volumes I have learned from them in return. It is an honor to be invited to join a fellowship of like-minded, caring individuals, and will be a constant reminder of the values that are fundamental to our profession.”

Jaron Densky (2014 Inductee): “I am honored to be selected into the Gold Humanism Honor Society. It recognizes future physicians that know patients are individuals best served by medical care that incorporates their circumstances, values, and opinions. This achievement will serve as my reminder to provide medical assistance to those with the greatest needs and to continue developing patient-centered professional relationships. Thank you for this recognition.”

More reflections on being inducted...

Rohith Arcot said, “[...] It reminds me that the art of medicine starts with a desire to care for the patient and not just the ailment. As a future physician I will strive to learn the scientific skills to treat, but also hope to provide patient care with empathy and compassion. [...]”

George Cibulas said, “[...] In preserving these values, we can continue to efficiently practice compassionate care in an ever evolving field of modern medicine. [...] Alterum alterius auxilio eget (Each needs the help of the other).”

Henry Dodd said, “[...] Being nominated and recognized by your peers for compassionate patient care is greater than any grade I have earned: it is the highest praise.”

Niyomi Gandhi said, "The Gold Humanism Honor Society embodies what I believe are the most important qualities a physician can possess in practicing patient-centered care. Medicine is not only a career, but more importantly the privilege and commitment to serve others. [...]”

Omer Kineish said, “[...] Having compassion for humankind is something that my parents instilled in me at an early age. [...] Today, I am proud to show them that their valuable life lessons have stuck with me all this time. [...]”

Taylor Lara said, “[...] Being selected [...] will be a constant reminder to me that excellent patient care leaves no room for resting on laurels and that it requires renewed dedication every day.”

Neena Malik said, “[...] This honor will serve as a reminder in the years to come of a lifelong commitment to humanistic patient care.”

Michele Miller said, “[...] The ideals of integrity, excellence, compassion, altruism, respect, empathy, and service that the society upholds are what I strive to embody [...] They are an excellent reminder of how we can serve others and make a difference in the lives of our patients. [...]”

Patricia Ojeda said, “Gold. Humanism. Honor. Society. Every word carries with it a deep significance in and of itself reminding me of the true meaning behind this award. [...]”

Steve Otieno said, “[...] I will forever be grateful for this special honor.”

Nikhil Panda said, “This is a great honor [...] I am humbled by the thoughts of my peers and to be included in such an outstanding group of individuals. [...]”
Information now available about the 2015 Research Week

Information about the 2015 Research Week—to be held Monday, April 13, through Friday, April 17—has been posted at www.utcomchatt.org/researchweek. Please see the “2014-2015 Timeline” link for important information about Fall 2014 deadlines for Scientific Review Committee and Institutional Review Board approval of projects.

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Nuts and Bolts Research Methods Symposium

The 15th annual Nuts and Bolts Research Methods Symposium was held on Friday, August 15, 2014 and went very well. Eric Heidel, PhD from the department of Surgery at the University of Tennessee Graduate School of Medicine in Knoxville taught the symposium with a closing session from Manoo Bhakta, MD.

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Continuing Education Opportunities on the Next Page >>
Continuing Medical Education Opportunities

Upcoming Opportunities to earn Continuing Education credits

Annual Conferences (one-time offerings)

Tennessee Radiology Society annual meeting
February 21-22, 2015 • Franklin Marriott Cool Springs (Franklin, TN)
12.50 AMA Category 1 Credits™ • Franklin Marriott Cool Springs, Franklin, TN
Click here for more info and to register

TCEP annual Scientific Assembly (19th annual)
March 2-3, 2015 • The Chattanoogan Hotel (Chattanooga, TN)
14.50 AMA Category 1 Credits™ • The Chattanoogan Hotel, Chattanooga, TN
Click here for more info and to register or visit www.tncep.org/

Wildwood Medical Seminar (40th annual): Effective Diabetic Therapies
March 25-27, 2015 • Read House (Chattanooga, TN)
24 AMA Category 1 Credits™ • Read House, Chattanooga, TN
Click here for more info and to register or visit http://www.wildwoodhealth.org/seminars/home/seminars/medical-seminar/

Family Medicine Update (30th annual)
June 10-13, 2015 • The Chattanoogan Hotel (Chattanooga, TN)
25 AMA Category 1 Credits™ • The Chattanoogan Hotel, Chattanooga, TN
Click here for more info and to register or visit www.utcomchatt.org/fmu

Save the Date: Internal Medicine Update (2nd annual)
September 10-12, 2015 • The Chattanoogan Hotel (Chattanooga, TN)
Click here or visit www.utcomchatt.org/imu in the coming weeks for more info and to register

Featured Sessions from our regularly-scheduled series

Healthcare Principles in Practice (Dean’s Office Faculty & Resident Developmental Series)
February 9, 2014 • Recognizing and Addressing Physician Impairment • Roland Gray, MD
1 AMA Category 1 Credit™ • 12:00-1:00pm • Probasco Auditorium, Erlanger, Chattanooga, TN
Click Here for more info about the series

Continuing Education Opportunities Continued on the Next Page >>
**Leadership Development Institute**
11.5 *AMA Category 1 Credits* • Host Organization: LifeWings Partners, LLC
Click here for More Info and to Register

**Teamwork Skills Workshop**
3.75 *AMA Category 1 Credits* • Host Organization: LifeWings Partners, LLC
Click here for More Info and to Register

**Regularly-Scheduled Series** (offered the same days & times each month)

- Healthcare Principles in Practice  (Dean’s Office series)
- Internal Medicine Grand Rounds
- OB/GYN Friday Morning Conferences
- Orthopaedic Surgery Grand Rounds
- Orthopaedic Surgery Journal Club
- Orthopaedic Surgery M&M Conference
- Surgery Grand Rounds
- Surgery Morbidity & Mortality Grand Rounds
- Erlanger Pediatrics Grand Rounds
- Erlanger Tumor Board Conferences
- Hutcheson Tumor Board Conferences
- Redmond Hospital Weekly Cardiology Series

Click here for more info about UTCOM Regularly-Scheduled Series, to attend, etc.

**Accreditation:** The University of Tennessee College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Click here to browse CME Opportunities at the Knoxville campus Office of CME
Click here to browse CME Opportunities at the Memphis campus Office of CME

Click here or visit [www.utcomchatt.org/cme](http://www.utcomchatt.org/cme) to Sign up for the bi-weekly CME E-Newsletter

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Articles Published by UT Faculty & Associates


Peter Nowotarski, MD; John Dawson, MD; Warren Gardner, MD; Rachel Swafford, MPH; Dirk Kiner, MD. “The Reamer Irrigator Aspirator (RIA) as a Device for Harvesting Bone Graft Compared with Iliac Crest Bone Graft (ICBG): Union Rates and Complications,” (Paper Presentation) Orthopaedic Trauma Association 29th Annual Meeting, Phoenix, Arizona, October 2013 [Nominated for the 2013 Bovill Award]


Presentations by UT Faculty, Residents & Associates:

The following presentations will be given at the American Society of Plastic Surgeons Resident Abstract Session on October 10, 2014 in Chicago, Illinois:

- Landis L (faculty Brzezienski M): “The Effect of Progressive-Tension Closure on Donor Site Seroma Formation in Delayed Latissimus Dorsi Flaps for Breast Reconstruction”

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