

Residence Assistance Program



Your **FREE, CONFIDENTIAL**, 24/7 benefit includes:

- Immediate connection to a Licensed Mental Health Professional for issues such as: stress, academics, emotional, legal, financial, substance abuse, eating disorders, relationships, and more.
- Your own Personal Assistant to conduct research, coordinate events, or plan tasks
- Financial and legal consultations and discounted fees
- Online access to helpful tools, articles, videos, and interactive courses via your own personal web-portal

Call 1.800.EAP.CALL (1.800.327.2255)
or log-on at www.mybalanceworks.com

Balance Your
School and Life!



Your confidential resource,
provided by

